

# FEATURING The PROS





CHLOE



**FATIMA** 



RAUL



**JESSICA** 



CO-STARRING:

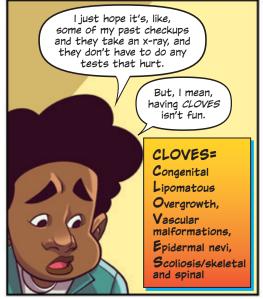
### PROFESSOR P





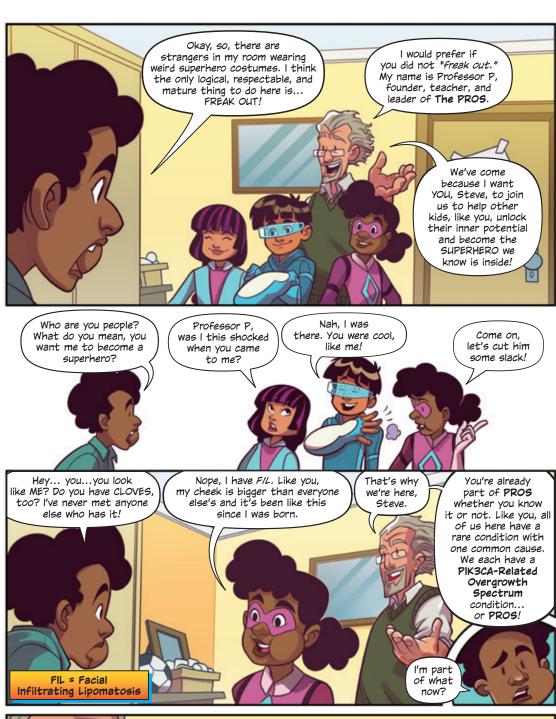










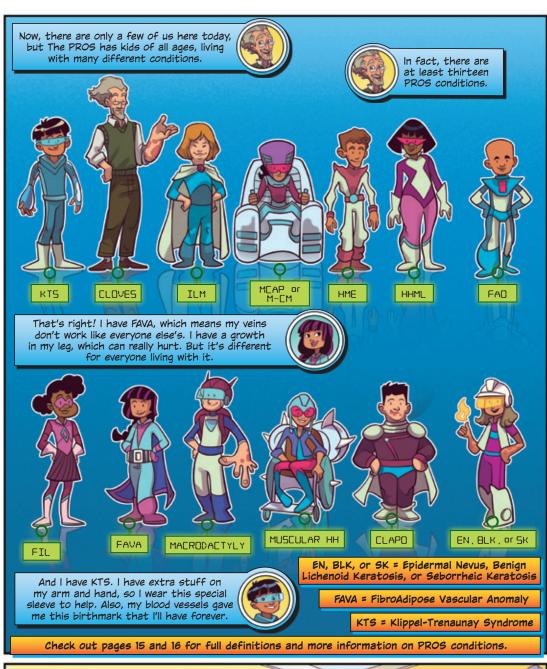




What happens
when you have a PROS
condition is that parts of
your body grow in ways that
they shouldn't. Sometimes, the
body grows extra tissue, or
vessels, and they don't
form or look like most
other people's.

This can
happen to one or
more parts of the body.
PROS conditions can
look different from each
other, and each one is
different for every person
living with it. Just like all
of us look different
from each other.

PROS
conditions are
usually caused
by a change in
the PIK3CA
qene.

















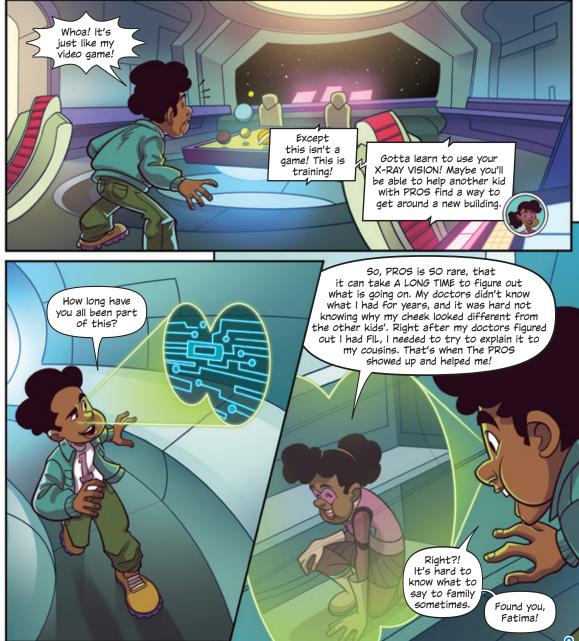






about it while we train!

























### **GLOSSARY**

#### BLOOD VESSELS

Tiny vessels that carry blood in the body to everywhere it needs to go.

### LYMPHATIC VESSELS

Tiny vessels in the body that carry a clear, watery fluid (lymph) that helps the body fight infections.

#### **OVERGROWTH**

Overgrowth means the body grows extra tissue. In PROS, this can happen on the outside and on the inside of the body.

#### **PIK3CA GENE**

The PIK3CA gene gives orders the body follows to make one piece of a protein called PI3K. In PROS, the PIK3CA gene is changed in such a way that it gives orders to make a PI3K that sends too many signals to grow.

#### **PROS CONDITIONS**

A group of conditions where one part-or more parts-of the body grows too much. PROS conditions are caused by a change in the PIK3CA gene. The letters in the word PROS stand for PIK3CA-Related Overgrowth Spectrum.

### KTS (KLIPPEL-TRENAUNAY SYNDROME)

Tiny blood vessels in the skin grow and form a large birthmark on the leg or other parts of the body. Other parts of the body, like the bone, skin, and lymphatic vessels, may grow extra tissue.

#### **CLOVES SYNDROME**

(CONGENITAL LIPOMATOUS OVERGROWTH, VASCULAR MALFORMATIONS, EPIDERMAL NEVI, SCOLIOSIS/SKELETAL AND SPINAL) CLOVES syndrome affects many parts of the body. The torso, arms, legs, fingers, or toes may grow extra fatty tissue. The blood vessels and bones grow abnormally. The fingers or toes may grow very big, and the spine may curve too much to one side.

## ILM (ISOLATED LYMPHATIC MALFORMATION)

The face and neck, and sometimes other parts of the body, grow a soft, smooth lump of extra tissue filled with clear, watery fluid called lymph.

### MCAP OR M-CM (MEGALENCEPHALY-CAPILLARY MALFORMATION)

The body and head grow too big.
The skin and blood vessels grow abnormally.

#### **HME**

(HEMIMEGALENCEPHALY)/DMEG (DYSPLASTIC MEGALENCEPHALY)/FOCAL CORTICAL DYSPLASIA TYPE II

One side-or both sides-of the brain grows too much.

### **GLOSSARY**

#### **HHML**

(HEMIHYPERPLASIA-MULTIPLE LIPOMATOSIS)

One side of the body grows more than the other side.

### FIL (FACIAL INFILTRATING LIPOMATOSIS)

One side of the face grows bigger than the other.

### FAVA (FIBROADIPOSE VASCULAR ANOMALY)

A large part of a muscle in a limb (arm, leg, hand, foot) is taken over by tough, fatty tissue.

#### MACRODACTYLY

Fingers or toes grow too big.

### MUSCULAR HH (HEMIHYPERPLASIA)

Arm or leg muscles on one side of the body grow too big.

# FAO (FIBROADIPOSE HYPERPLASIA OR OVERGROWTH)

Fatty tissue overgrows in the arms or legs or another part of the body.

#### CLAPO SYNDROME

(CAPILLARY MALFORMATION
OF THE LOWER LIP, LYMPHATIC
MALFORMATION OF THE FACE AND
NECK, ASYMMETRY OF THE FACE
AND LIMBS, AND PARTIAL OR
GENERALIZED OVERGROWTH)

Extra blood vessels grow on the skin around the lips, or a soft smooth lump grows on the face or neck.
One side of the face or body might grow more than the other side.

EPIDERMAL NEVUS, BENIGN LICHENOID KERATOSIS, OR SEBORRHEIC KERATOSIS These conditions change the way parts of the skin look and feel. Extra skin grows in a line or a swirl pattern. Small, round red spots grow on the skin. Brown, black, or light tan bumps grow on the skin.

#### **SPECTRUM**

Spectrum means one person with a PROS condition can look very different, or have very different symptoms, from another person with the same, or a different, PROS condition. There can be a little or a lot of extra tissue on one or many parts of the body.



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