Formerly known as muscular hemihypertrophy, Muscular HH is a PROS condition that is generally characterized by an overgrowth of muscular tissue on one side of the body. Muscular HH also often overlaps with features associated with Macroactyly, HHML, and FAO, which are other known PROS conditions. Most people with Muscular HH are born with the condition. It is not hereditary.

Muscular HH can be diagnosed through a physical exam, imaging, and/or medical history. Additionally, there are tissue tests to identify the presence of a PIK3CA mutation. However, a negative test does not rule out having a PROS condition as mutations can be difficult to detect.

Managing Muscular HH can be challenging and typically requires collaboration from a multidisciplinary team. Like other PROS conditions, there are few management options for Muscular HH. Some options, such as surgery, address symptoms and manifestations rather than the root cause of the disease.

Find resources and support for people with Muscular HH and their families by visiting: understandingpros.com